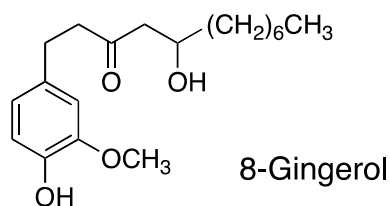


## 8-Gingerol



【化合物】 8-Gingerol

【測定機器】 HPLC

【対象】 動物（ヒト、ラット）

【代謝実験】 被験者に Pure Encapsulation's ginger を投与した後、経時的に血清中の gingerol および shogaol 濃度を HPLC で分析した。[Zick et al., *Cancer Epidemiol Biomarkers Prev.* **17**: 1930–1936 (2008)]

【代謝パラメータ】

Pharmacokinetic parameters of 8-gingerol and other related compounds

	1000 mg (N=6)	1500 mg (N=3)	2000 mg (N=8)
$AUC$ ( $\mu$ g/L)	$2.1 \pm 2.2$	$2.6 \pm 2.0$	$18.1 \pm 20.3$
$C_{max}$ ( $\mu$ g/L)	$0.1 \pm 0.1$	$0.1 \pm 0.1$	$0.23 \pm 0.16$
$t_{1/2}$ min			$113.5 \pm 41.1$
$t_{max}$ min	$52.5 \pm 8.7$	$60.0 \pm 0.0$	$73.1 \pm 29.4$

Mean  $\pm$  SD

Pharmacokinetic parameters of 10-gingerol and other related compounds

	1000 mg (N=6)	1500 mg (N=3)	2000 mg (N=8)
$AUC$ ( $\mu$ g/L)	$2.9 \pm 3.2$	$7.7 \pm 5.3$	$50.1 \pm 49.3$
$C_{max}$ ( $\mu$ g/L)	$0.1 \pm 0.1$	$0.1 \pm 0.02$	$0.53 \pm 0.4$
$t_{1/2}$ min			$128.7 \pm 38.8$
$t_{max}$ min	$60.0 \pm 0.0$	$80.0 \pm 34.6$	$75.0 \pm 27.8$

Mean  $\pm$  SD

Pharmacokinetic parameters of 6-gingerol and other related compounds

	1000 mg (N=6)	1500 mg (N=3)	2000 mg (N=8)
$AUC$ ( $\mu$ g/L)	$12.6 \pm 6.4$	$75.6 \pm 110.3$	$65.6 \pm 44.4$
$C_{\max}$ ( $\mu$ g/L)	$0.4 \pm 0.2$	$1.69 \pm 2.31$	$0.85 \pm 0.43$
$t_{1/2}$ min			$110.0 \pm 34.9$
$t_{\max}$ min	$55.0 \pm 7.7$	$60.0 \pm 0.0$	$65.6 \pm 22.6$

Mean  $\pm$  SD

Pharmacokinetic parameters of 6-shogaol and other related compounds

	1000 mg (N=6)	1500 mg (N=3)	2000 mg (N=8)
$AUC$ ( $\mu$ g/L)	$0.8 \pm 1.5$	$1.6 \pm 2.8$	$10.9 \pm 13.0$
$C_{\max}$ ( $\mu$ g/L)	$0.1 \pm 0.1$	$0.04 \pm 0.08$	$0.15 \pm 0.12$
$t_{1/2}$ min			$120.4 \pm 42.0$
$t_{\max}$ min	$55.0 \pm 8.7$	$60.0 \pm 0.0$	$65.6 \pm 22.6$

Mean  $\pm$  SD

[Zick et al., *Cancer Epidemiol Biomarkers Prev.* **17**: 1930–1936 (2008)]

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